

# Sine Cera Rainforest Retreat



Sine Cera  
RAINFOREST RETREAT

Sine Cera is a haven for those seeking a deeper connection with themselves, with others, and with the natural world.

Relax, reflect, and recharge surrounded by the unique beauty of the Australian rainforest.



# Retreats

Sine Cera is a wellness retreat centre nestled in pristine rainforest, where you can heal your mind, body, and soul, all while contributing to a greater cause.

This eco-friendly retreat centre will become your home while you disconnect from the chaos of modern life and allow yourself to forge deeper connections with yourself and others.

Come and discover your inner peace in the outer world with over 200 acres of incredible ancient rainforest to discover.

Large and small group accommodation and facilities perfect for health and wellness retreats, families and faith or school groups.



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**DharmaCare™**

When your group stays at Sine Cera, you're not just investing in the wellbeing of yourself and your group; you're also providing funds for worthwhile causes in the local community and beyond.

Sine Cera is part of the Dharma Care family, a Northern NSW charity that exists to create generational change in the lives of disadvantaged people in regional communities in Australia and overseas.

All proceeds from our rainforest retreat go directly towards supporting the activities of Dharma Care, so when you stay with us, you're also helping people who are in desperate need of support and care.



Mount Gipps

Rimfall Cottage

Lions Park

QUEENSLAND  
NEW SOUTH WALES

The Giant Fig Tree

Border Loop lookout  
and picnic area

Cougals Spiral / Border  
Loop Rail Line

Cougals



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QUEENSLAND  
NEW SOUTH WALES

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NEW SOUTH WALES

Brindle Creek picnic area



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# Walking Trails



There are several walking trails on the property and multiple access points and swimming holes in the cooling creek.

There are also many walking trails and spectacular lookouts in the World Heritage listed Border Ranges National Park that adjoins Sine Cera.

Access is 20 minutes away by car.



# Dining Hall & Guest Lounge

- Very large configurable space - 315 m2 for dining, lounging and workshops for big or small groups
- Seating and cutlery for 106 guests
- Divided into dining area + lounge
- Several pedestal fans
- Large slow combustion fire place
- Opens on to 27 m long wrap around veranda
- Views for sunrise and sunset
- Configurable and usable in many ways
- BBQ Facilities



# Fahr House

- Twin single, queen or king for 30 people in 15 rooms
- All rooms open on to verandas
- 8 large spacious bathrooms
- Air-conditioned lounge – 80 m<sup>2</sup>
- Mini kitchen, sink, microwave, bar fridge
- Toaster & hot water urn
- 55-inch flat screen TV & DVD player, HDMI cable
- Blue tooth sound system
- Slow combustion fireplace
- Private bath and infrared sauna

# Commercial Kitchen

- Walk-in cool room and freezer room
- Large pantry for dry food storage
- 2 commercial gas stoves with ovens
- Deep freezer
- Commercial dishwasher
- Cookware, pans, rice cookers, food processor, toasters, bain marie and microwaves.



# The Chalet

- Bunk accommodation for 70 people
- 7 rooms each with 10 bunks (5 double bunks)
- Separate toilet and ensuite bathroom in each room
- Wrap around verandas in the rainforest canopy
- 100m2 large meeting room for a workshop space and tuition hall - fully air conditioned
- Great views of the surrounding ridges
- Economical for large groups





# Relax, refresh, refocus

We're here to bring rest, rehabilitation  
and relaxation to your busy life.

[sinecera.org.au](http://sinecera.org.au)



**Sine Cera**

# The healing power of nature

Immersed in the beauty of the Australian rainforest, Sine Cera is a place to restore your wellbeing through mindful living, meaningful connections and selfless giving.

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